



NY METROPOLITAN AAU TAEKWONDO CHAMPIONSHIP

SATURDAY, APRIL 24, 2010

Island Garden Arena

45 Cherry Valley Ave., West Hempstead, NY 11552

Qualifier for 2010 Nationals and JO Games

SCHEDULE OF EVENTS

All events begin with youngest ages and continue to compete in age order.

- 10:00AM OLYMPIC SPARRING
- 1:00PM TRADITIONAL FORMS/TEAM FORMS*
- 3:00PM POINT SPARRING

TOURNAMENT INFO: Richard Brown (917) 309-2790 or aautaekwondo@nymetropolitanaau.com

Hosted by NY Metropolitan District, Sanctioned by Amateur Athletic Union.

Online registration available at www.tourneyreg.net.

COMPETITION AGE: All athletes shall compete at their age as of 8/31/2010.

AAU MEMBERSHIP: All athletes, coaches, officials, & volunteers must be current individual members of the AAU and should be able to present their current AAU membership card upon request.

EQUIPMENT: Please refer to the AAU Taekwondo Handbook for the mandatory equipment requirements as well as the respective rules for competition. The handbook is available free online at www.aautaekwondo.org.

Online registration available at www.tourneyreg.net

ENTRY FEES: 1 Event = \$50.00 2 Events = \$60.00 All 3 Events = \$70.00

April 12 is the registration deadline for all paperwork & payment.

April 13 thru April 24 include the \$15.00 Late Fee in your payment.*

*Athlete name may not be available to print on the souvenir tee shirts.

Please mail completed paperwork with your payment to:

Richard Brown, Sports Director – PO Box 890, Westbury, NY 11590

There will be no refunds issued for any reason.

Coach's Pass (\$20.00) – Must pre-register with a separate coach's application!

Spectator Admission (PAID AT DOOR) Adults - \$10.00 Children (under 12) - \$5.00

For your convenience, food & refreshments will be available at the event.